

MODULE I

FASHION DESIGN LEVEL 3, 4, 5 & 6

FAS/CU/FD/CR/02/3/MA

Construct Basic Ladies Garments

January – March 2026



TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

PRACTICAL ASSESSMENT

INSTRUCTIONS TO CANDIDATE:

1. This unit of competence shall be assessed in three phases.
2. Each assessment session has the duration included in brackets.
3. The third phase of the assessment shall include a practical session and an oral assessment session.
4. The assessor will take photos and videos as you perform the tasks at critical points during the assessment.
5. Ensure all the required resources for the assessment have been provided before beginning the assessment.
6. For the practical session, you'll be provided with a **pre-designed sketch** and you have to **draft free hand basic ladies' garment patterns**.

1. PRACTICAL ASSESSMENT 1: CONSTRUCT LADIES' SKIRT (7 HOURS)

As a fashion designer, you are tasked with preparing for the construction of a simple skirt. You have been provided with a sketch and the necessary block patterns in the figure 1

Tasks

1. Perform Preparation and cutting

- i. Wear appropriate PPE's as per job requirements.
- ii. Identify and gather freehand cutting tools and equipment's
- iii. Lay the drafted garment pattern pieces accurately on the given fabric, considering fabric grain and layout principles
- iv. Cut the garment pieces precisely according to the laid patterns.
- v. Transfer all necessary pattern markings to the cut garment pieces.

Tasks Scenario: You have successfully prepared and cut out the garment piece. Now you will construct the selected basic ladies' garment (Skirt) according to the provided sketch.

2. Perform Garment Construction:

- i. Identify and gather **garment construction tools and equipment**
- ii. Use plain open seams on the side seams
- iii. Use plain closed seam on panel seam
- iv. Sink stitch the waistband
- v. Attach a zip using exposed method
- vi. Stitch the garment pieces according to the provided garment sketch and standard garment construction techniques. This should include:
- vii. Regularly press seams and garment sections during construction for professional finish
- viii. Machine hem the skirt

Study and interpret the skirt design sketched below. Using a freehand drafted basic skirt block, develop patterns, lay, cut and assemble the skirt as sketched

FRONT VIEW

BACK VIEW

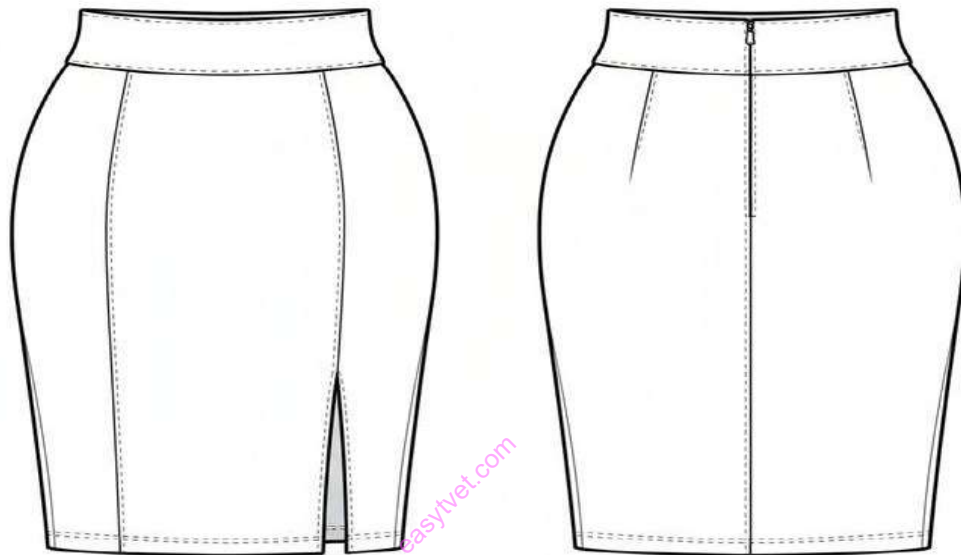


Figure 1

Measurements required

Waist = 64cm

Hips = 89cm

Waist to hips = 20.5cm

Full length = 51cm

Waist band depth = 6cm

Elements Covered

1. Develop freehand skirt pattern pieces.
2. Lay and cut skirt pieces.
3. Construct selected straight skirt

3. PRACTICAL ASSESSMENT SECTION 2: CONSTRUCT A LADIES' DRESS (7 Hours)

Study and interpret the dress design sketched below. Using a freehand drafted basic dress block, develop patterns, lay, cut and assemble the dress as sketched

FRONT

BACK



Measurements required

Bust= 82cm

Nape To Waist= 38cm

Shoulder=12.25cm

Armhole Depth= 20.5cm

Dress Length=90cm

Sleeve Length= 51cm

Elements Covered:

- 1.Lay and cut garment pieces of the design provided
- 2.Construct the dress design provided

You are a fashion designer tasked with preparing for the construction of a simple lady's garment (Dress). You have been provided a design sketch and the necessary block patterns

Tasks

1. Perform Preparation & Cutting:

- i. Wear appropriate **PPEs** as per job requirements.
- ii. Identify and gather **freehand cutting tools and equipment**.
- iii. Interpret the design and prepare patterns for the sketch above
- iv. Lay the drafted **garment pattern pieces** accurately on the given fabric, considering fabric grain and layout principles.
- v. Cut the garment pieces precisely according to the laid patterns.

Task Scenario: You have successfully prepared and cut the garment pieces. Now, you will construct the selected basic ladies' garment (dress) according to the provided sketch.

2. Perform Garment Construction:

- i. Identify and gather **garment construction tools and equipment**
- ii. Use the plain open seams on the side seams
- iii. Use the plain closed seams on the panel and shoulder seams
- iv. Finish the neckline using facing
- v. Stitch the **garment pieces** according to the provided garment sketch and standard garment construction techniques. This should include:
- vi. Regularly press seams and garment sections during construction for a professional finish
- vii. Finish the hem by slip hemming

4. PRACTICAL ASSESSMENT 3: CONSTRUCT A LADIES' BLOUSE (7 HOURS)

Using a freehand drafted basic block, cut and assemble the blouse sketched below

FRONT VIEW



BACK VIEW



Measurements required

Bust= 82cm

Nape to waist= 39cm

Shoulder=12.25cm

Neck size= 35.6

Armhole depth= 20.5cm

Blouse length=60cm

Sleeve length= 54cm

Band width= 2.5cm

Elements Covered

4. Develop freehand blouse pattern pieces.
5. Lay and cut blouse garment pieces.
6. Construct selected basic blouse.

As a fashion designer, you are tasked with preparing for the construction of a simple blouse. You have been provided with a sketch and the necessary block patterns

Tasks:

1. Perform Preparation and cutting

- i. Wear appropriate PPE's as per job requirements.
- ii. Identify and gather freehand cutting tools and equipment's
- iii. Lay the drafted garment pattern pieces accurately on the given fabric, considering fabric grain and layout principles
- iv. Cut the garment pieces precisely according to the laid patterns.
- v. Transfer all necessary pattern markings to the cut garment pieces.

Tasks Scenario: You have successfully prepared and cut out the garment piece. Now you will construct the selected basic ladies' blouse according to the provided sketch.

2. Perform Garment Construction:

- i. Identify and gather **garment construction tools and equipment**
- ii. Use plain closed seams on the shoulder seams
- iii. Use French seam on side seam and underarm seam.
- iv. Finish the neckline using bias strip
- v. Stitch the garment pieces according to the provided garment sketch and standard garment construction techniques. This should include:
- vi. Regularly press seams and garment sections during construction for professional finish
- vii. Attach a button and make a loop

The assessor will proceed to ask you oral questions for 1 hour.