

SOCIAL WORK AND COMMUNITY DEVELOPMENT

MODULE 1

HW/OS/SW/CR/01/5/MA

CONDUCT HOME-BASED CARE

July/August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE CANDIDATE:

1. This unit of competence shall be assessed in three phases.
2. Each assessment session has a duration included in brackets
3. The third phase of the assessment shall include a combined practical session and an oral assessment session.
4. The assessor will take photos and videos as you perform the tasks at critical points during the assessment.
5. Ensure all required resources for the assessment have been provided before beginning the assessment.

PRACTICAL SESSION 1: (4 HOURS)

A. PRACTICAL ASSESSMENT BRIEF

You are a community-based social worker working with a local health non-governmental organization (NGO). You have received a referral about a 68-year-old widowed man named Mr. Njoroge, living alone in a rural homestead. He recently returned from the hospital following a stroke, and he is partially immobile. He has no known chronic illness but requires support with daily living. You are required to assess his needs and develop an appropriate home-based care plan.

Elements Covered:

1. Assess home-based care needs
2. Develop a home-based care plan

Tasks

- Conduct a simulated home-based care needs assessment using the provided tools
- Identify support requirements across physical, social, and psychological domains
- Design a care plan including specific services and timelines
- Complete a summary care report

PRACTICAL SESSION 2: (4 HOURS)

PRACTICAL ASSESSMENT BRIEF

Following up on Mr. Njoroge (from Session 1), you have returned to implement his care plan. His living condition has not improved significantly. His nephew, who was supposed to assist with personal care, has been inconsistent. As the assigned community health support officer, you will simulate executing a portion of the plan (e.g., hygiene care, exercise routine) and carry out an evaluation of the progress. You must also document the outcome professionally.

Elements Covered:

1. Execute home-based care plan
2. Evaluate and document home-based care activities

Tasks

- Demonstrate execution of a specific activity from the care plan (e.g., assisted mobility, hygiene support, nutrition guidance)
- Engage caregiver/family support and provide education during the activity

- Conduct an evaluation using a follow-up checklist
- Document the outcomes and update the care record

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