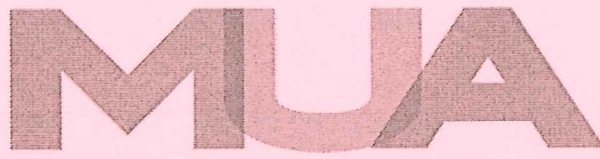


The
Management
University
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CERTIFICATE UNIVERSITY EXAMINATIONS
SCHOOL OF MANAGEMENT AND LEADERSHIP
CERTIFICATE IN COMMON UNIT

CCU 104 : INTRODUCTION TO HIV/AIDS

DATE: 4TH APRIL 2022

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. **DO NOT** write on this question paper.
3. This paper contains **SIX (6)** questions.
4. Question **ONE** is compulsory.
5. Answer any other **FOUR** questions.
6. Question **ONE** carries **30 MARKS** and the rest carry **10 MARKS** each.
7. **Write all your answers in the Examination answer booklet provided.**

QUESTION ONE

Read the Case Study below carefully and answer the questions that follow:

Nabisa is a 19 year old student at Marengo school. Together with the parents they live in Malaa where her parents acquired a land. She is a very hardworking girl with an aspiration of becoming a doctor in the future.

During the December holiday, the parents decided to travel to their ancestral land with the children for the festivity season. They were all happy that they would be able meet other extended family members after a whole year of residing in the city, Nairobi.

They spent the whole part of the holiday in their "shags". A time came where they were required to resume back to the city.

After a month, Nabisa's parents received a call from where their daughter was studying that she was unwell. The mother who was around went to the school to find out what the problem was. The mother was shocked to learn that Nabisu was pregnant. The parents decided that she would come home and attend a nearby day school.

During the first clinic, she was diagnosed to have contacted HIV/AIDS. She was in denial and in shock since she looked healthy. The parents were also in disbelief since they knew their daughter be morally upright. Her friends discriminated her for the same reason.

The doctors counseled her at last she had to accept the situation and started taking the medication for the sake of both her and the child. She agreed to educate her friends and the whole community about the virus. During giving birth she ensured she went to the hospital to avoid passing the virus to the child. She promised to be an ambassador in helping young girls to avoid premarital sex before marriage and also embracing voluntary testing services.

Nasibu went back to school and pursued her dream despite the challenges she faced.

Required:

- a) Nasibu felt unwell. Propose some of the symptoms she exhibited. (4marks)
- b) Nasibu believed that the virus was a curse from God. Discuss any three other theories explaining the origin of HIV/ AIDS. (6marks)
- c) When Nasibu was diagnosed to have contacted the virus she was initially in denial it. Apart from denial, what are other reactions a person might have if the same information is given? (6marks)
- d) Define discrimination (2 marks)
- e) Evaluate the importance of counselling services to Nasibu. (6 marks)
- f) List some of the myths exposing youths like Nasibu to high risk sexual behavior (3 marks)
- g) List three ways in which a pregnant woman will reduce risk of viral transmission from mother to child. (3 marks)

QUESTION TWO

Discuss HIV/AIDS has impacted on the following sectors:

- a) Health (2marks)
- b) Education (2marks)
- c) Agriculture (2marks)
- d) Economic growth (2marks)
- e) Household (2marks)

QUESTION THREE

Analyze strategies adopted by the Kenyan Government to fight the spread of HIV/ AIDS

(10 marks)

QUESTION FOUR

- a) Demonstrate four cultural practices that have contributed to the spread of HIV/AIDS
(4 marks)
- b) Define a drug
(2 marks)
- c) Argue how drug abuse may lead to high levels of HIV infections
(4 marks)

QUESTION FIVE

- a) Evaluate the ABCD of HIV/AIDS prevention and control strategies
(4 marks)
- b) Describe briefly any three types of VCT centres
(6 marks)

QUESTION SIX

- a) Differentiate between the two types of immunity
(2 marks)
- b) List four examples of opportunistic infections
(2 marks)
- c) Illustrate main modes of HIV transmission
(6 marks)