

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/10/6

Perform Dietetics Operations

July/Aug 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE:

You are the head of the intensive care unit of Umali County referral Hospital. James a 65 year old man is one of the patients in the facility as a result of a surgical procedure. He had been diagnosed with stage III nasopharyngeal cancer and his health is not progressing well. His weight is 50 kg and the height is 172 centimeters.

1. You are required to perform the following tasks
 - a. Determine a nutrition diagnosis for the patient.
 - b. Using Harris Benedict formula, calculate the caloric requirement for James.
 - c. Using the ingredients provided, prepare a full liquid diet for James.
 - d. Prepare a one-day feeding plan for the patient using template in Appendix 1
2. You have been provided with the following resources for the practical tasks:
 - Functional kitchen.

- Functional blender
- Foolsap
- Pen
- Syringe
- Margarine
- Measuring jar
- Fresh Beef Bones
- Potatoes
- Knife
- Cooking pots
- Source of heat
- Beet root
- Mango
- Plate
- Cup
- Spoon
- Cooking stick
- Sugar
- Calculator
- Preselected client (Male)

NB: The preselected client (male) represents James

APPENDIX 1: NUTRITION CARE PLAN

NUTRITION DEPARTMENT
UMALI COUNTY REFFERAL HOSPITAL
P.O BOX 29
UMALI

DATE

PATIENT NAME:

AGE:

MEDICAL DIAGNOSIS.....

NUTRITION DIAGNOSIS

FEEDING PLAN

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