

The
Management
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UNDERGRADUATE UNIVERSITY EXAMINATIONS
SCHOOL OF MANAGEMENT AND LEADERSHIP
DEGREE OF BACHELOR OF ARTS IN DEVELOPMENT STUDIES

CDV 301: COMMUNITY HEALTH

DATE: 15TH APRIL 2026

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. **DO NOT** write on this question paper.
3. This paper contains **SIX (6)** questions.
4. Question **ONE** is compulsory.
5. Answer any other **THREE** questions.
6. Question **ONE** carries **25 MARKS** and the rest carry **15 MARKS** each.
7. **Write all your answers in the Examination answer booklet provided.**

QUESTION ONE

Read the Case Study below carefully and answer the questions that follow:

STRENGTHENING THE HEALTH SYSTEM OF NDURUMA DISTRICT

Nduruma is a rural district situated in a region characterized by its scenic landscapes but marred by significant public health challenges. With a population of approximately 200,000 people, the district has been grappling with a rising burden of communicable diseases, particularly malaria and tuberculosis (TB). The health system has been under considerable strain, with limited healthcare infrastructure and a shortage of trained healthcare personnel. These challenges have led to increased morbidity and mortality rates, particularly among vulnerable populations, including children and the elderly.

Recognizing the urgent need for intervention, the district health department, in collaboration with an international health non-governmental organization (INGO), initiated a comprehensive health system strengthening (HSS) program aimed at improving the quality and accessibility of healthcare services in Nduruma. The primary goal of the HSS program is to enhance the overall health outcomes of the Nduruma population by addressing the systemic issues plaguing the healthcare infrastructure.

As a result of the HSS program, Nduruma District has seen notable improvements in health outcomes. The incidence of malaria and TB has significantly decreased due to enhanced prevention and treatment efforts. Community participation in health initiatives has fostered a greater understanding of health issues, leading to increased utilization of healthcare services. Moreover, the training programs have empowered local healthcare workers, improving service delivery quality.

Required:

- a) Illustrate the six core components of a health system for an effective healthcare delivery in Nduruma district. **(6 Marks)**
- b) Describe three ways in which the community being served by Nduruma Hospital can participate in coming up with health interventions. **(6 Marks)**
- c) With the case study above, discuss how organizations ensure data security and patient confidentiality in records management systems. **(8 Marks)**

- d) Using examples, demonstrate the importance of community health in public health systems as presented in the case above. **(5 Marks)**

QUESTION TWO

- a) Discuss four roles of Primary Health Care (PHC) in promoting community health. **(4 Marks)**
- b) Theories of community health and development have been developed evolved over time, with contributions from various. Critique the health belief model. **(5 Marks)**
- c) Explain three reasons how culture influence health behaviours and beliefs within a community. **(6 Marks)**

QUESTION THREE

- a) Citing four examples, describe how poor environmental health, such as inadequate sanitation and unsafe water supply, contribute to the spread of communicable diseases in communities. **(8 Marks)**
- b) In public health, methods of disease surveillance and reporting are crucial for detecting, monitoring, and controlling disease outbreaks in communities. Compare between passive surveillance and active surveillance methods. **(4 Marks)**
- c) Define the following terms:
- a. A health record **(1 Mark)**
 - b. Balanced diet **(2 Marks)**

QUESTION FOUR

- a) Explain five key components of an effective preparedness plan for health emergencies such as natural disasters or pandemics. **(10 Marks)**
- b) Expound on five fundamentals of health service management. **(5 Marks)**

QUESTION FIVE

- a) Community outreach programs are a key aspect of public health, social services, and community development. As a community health practitioner, evaluate five steps that ought to be followed when designing and implementing successful outreach programs. **(10 Marks)**
- b) Discuss five best practices in health records management that ensure accuracy, privacy, and accessibility of patient data. **(5 Marks)**

QUESTION SIX

- a) Evaluate three key indicators used on gauging maternal and child health. **(9 Marks)**
- b) As a Community Health Promoter, discuss three roles of family health in community. **(6 Marks)**