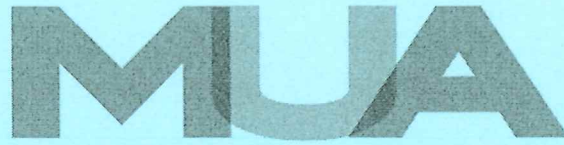


The
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UNDERGRADUATE UNIVERSITY EXAMINATIONS

SCHOOL OF MANAGEMENT AND LEADERSHIP

DEGREE OF BACHELOR OF ARTS IN DEVELOPMENT STUDIES

CDV 403: HUMAN DEVELOPMENT

DATE: 19TH DECEMBER 2024

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. **DO NOT** write on this question paper.
3. This paper contains **SIX (6)** questions.
4. Question **ONE** is compulsory.
5. Answer any other **THREE** questions.
6. Question **ONE** carries **25 MARKS** and the rest carry **15 MARKS** each.
7. Write all your answers in the Examination answer booklet provided.

QUESTION ONE

Read the Case Study below carefully and answer the questions that follow:

Maya is a 20-year-old college student who grew up in a multicultural urban environment as the daughter of Indian immigrants. Her developmental journey illustrates the interplay between facts and theories in human development, particularly through her bilingualism, which aligns with language acquisition theories. Key figures like Erik Erikson and Jean Piaget provide frameworks for understanding her identity formation and cognitive skills. Maya's educational achievements highlight behaviorism, showcasing the importance of reinforcement and scientific research methods in studying development.

Ethical considerations arise from cultural expectations that influence her self-actualization. Her Indian heritage shapes her values and perspectives on education and community, demonstrating the cultural nature of development. Personality theories, particularly the Big Five, reflect her supportive family dynamics and peer relationships. Collaborative learning and community projects enhance her cognitive growth in line with Vygotsky's theory. Environmental factors, including family and socioeconomic status, foster her resilience, while her involvement in community service strengthens her sense of belonging. As she navigates challenges in applying developmental theories to education, strategies like experiential learning facilitate her adaptation. Maya's journey through self-esteem and identity formation underscores the emotional aspects of personal growth. As she transitions to adulthood, she faces independence and career challenges, with mentorship programs and life skills workshops aiding her well-being during this critical stage..

Required:

- a) What is human development in relation to the above case scenario (2 Marks)
- b) Explain how Maya's bilingualism serves as an example of the interplay between facts and theories in human development (3 Marks)
- c) Identify and explain the relevance of Jean Piaget's theories in understanding Maya's identity formation and cognitive development. (4 Marks)

- d) What research methods are relevant for studying Maya's development (4 Marks)
- e) Analyze the ethical considerations that arise from cultural expectations in Maya's development (4 Marks)
- f) Examine the impact of Maya's Indian heritage on her values and educational perspectives (4 Marks)
- g) Assess the challenges Maya faces as she transitions to adulthood (4 Marks)

QUESTION TWO

- a) Explain how different life-course transitions impact emotional well-being and what strategies can individuals use to cope. (5 Marks)
- b) Discuss how empathy can be effectively taught in educational settings to promote prosocial behavior. (10 Marks)

QUESTION THREE

- a) Analyze the philosophical perspectives that shape human development theories (5 Marks)
- b) Discuss the role of ethics in developmental research and its importance in guiding practice. (10 Marks)

QUESTION FOUR

- a) Assess ways in which self-awareness enhances personal and professional development? (5 Marks)
- b) Examine how emotional intelligence influences decision-making in personal and professional contexts? (10 Marks)

QUESTION FIVE

- a) Explain how different parenting styles affect the development of specific personality traits? (5 Marks)
- b) Discuss ways in which cultural values influence personality traits in different societies? (10 Marks)

QUESTION SIX

- a) What strategies can educators and parents use to promote prosocial behavior and empathy in children? (5 Marks)
- b) Evaluate the role of environmental factors in shaping personality development during adolescence. (10 Marks)