

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/04/6

Conduct Nutrition Care Process

July/Aug 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE:

Neymar is 40-year-old public relations consultant who is experiencing poor appetite, nausea and vomiting due to dysphagia. On visiting a physician, he was diagnosed with esophageal cancer. He was admitted for chemotherapy management. Neymar usually spends most of the day in the office behind his desk. He rarely engages in recreational or outdoor activities. The physician is worried about his feeding and referred him to you for nutrition management.

1. You are required to perform the following tasks:
 - a. Conduct nutrition assessment and determine his nutrition status.
 - b. Determine nutrition diagnosis.
 - c. Conduct nutrition counseling to the patient.
2. You are provided with the following resources for the practical tasks.
 - 1 Bathroom/ weighing scale

- 1 Pre -selected male patient
- 1 Stadiometer
- 1 Calculator
- 1 Pen
- 2 Fools caps

NB: the pre-selected male patient represents Neymar

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