

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/11/6

Provide Special Needs and Disability Counselling

July /August 2023



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

TIME: 3 HOURS

INSTRUCTIONS TO CANDIDATES

1. The paper consists of **TWO** sections; **A & B**
2. You are provided with a separate answer booklet
3. Marks for each question are as indicated
4. Do Not write on the question paper

This paper consists of THREE printed pages
Candidates should check the question paper to ascertain that all pages
are printed as indicated and that no questions are missing

SECTION A (40 MARKS)**Answer ALL questions in this section**

1. Preparing a good counselling environment lays the necessary foundation for forming an alliance and building trust. Identify any FOUR characteristics of a good special needs and disability counselling environment. (4 Marks)
2. Chromosomes are rod-shaped structures where DNA is located. Name any FOUR chromosomal disorders. (4 Marks)
3. Disabilities are influenced by environmental and genetic factors. Describe the following terms in relation to the development of disability.
 - a. Nature (2 Marks)
 - b. Nurture (2 Marks)
4. Self-awareness is a life skill that helps in personal development. Name any FOUR personal development exercises appropriate to learners with special needs and disabilities. (4 marks)
5. Assessment is an important aspect in special needs and disability counselling. List any FOUR assessment tools you would use when dealing with a person living with albinism. (4 Marks)
6. An effective counsellor applies relevant skills based on the client's presenting issues. Outline any FOUR skills a counsellor can apply when dealing with a 14 year old boy who is living with HIV. (4 Marks)
7. A counsellor needs to be careful when terminating special needs and disability counselling. List any FOUR reasons that may lead a counsellor to terminate therapy. (4 Marks)
8. Treatment plans can be used by therapists to help individuals in therapy address a wide variety of concerns. State any FOUR mental health concerns that can be outlined in a treatment plan. (4 Marks)
9. Disabilities may have a huge impact on the families and people living with disabilities. Mention any FOUR effects of disability on the people living with disabilities and their families. (4 Marks)
10. Person centered therapy is a non-directive therapy that was pioneered by Carl Rodgers. List any FOUR key concepts in the person centered theory. (4 marks)

SECTION B: 60 MARKS**Answer any THREE questions in this section**

11. Scholastica is a 14-year-old girl with hearing impairment which she has had since she was 6 years old. Her disability was caused by a house help who inserted a match stick in her ear and pierced her ear drum. This incident brought about the divorce of her parents. Her dad blamed her mother for neglecting her responsibilities as a mother and delegating to a useless person (the house help). Scholastica has always been okay with her being partially deaf until she hit 13 years. She has become moody and blames her mother for her condition.
- a. Identify Scholastica's stage of psychosocial development as postulated by Erik Erikson. (2 Marks)
 - b. Explain any FOUR causes of disability in children. (8 Marks)
 - c. Special needs and disability counsellors are prone to burn out. Explain any FIVE causes of counsellor burnout? (10 marks)
12. You have been invited to Maisha Mema Rescue Center for neglected geriatric clients with disabilities to offer loss and grief support to the clients because they had lost one of their favorite nurses.
- a. Discuss any FIVE benefits of group Counselling. (10 Marks)
 - b. Describe the FIVE stages of loss and grief, as postulated by Elizabeth Kubler Ross, you would take the group through. (10 Marks)
13. Learning is the process by which an individual acquires knowledge or skills through study, experience, or being taught.
- a. Explain any FIVE learning disabilities that a person may be diagnosed with. (10 Marks)
 - b. Discuss any FIVE ways in which people living with disability learn adaptive and maladaptive behaviors. (10 Marks)
14. Self-care means taking the time to do things that help you live well and is beneficial for your physical health and mental health.
- a. Explain any FIVE self-care strategies a special needs and disability counsellor would apply. (10 Marks)
 - b. Discuss any FIVE reasons that would prompt a special needs and disability counsellor to seek clinical supervision. (10 Marks)