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DIPLOMA UNIVERSITY EXAMINATIONS  
SCHOOL OF MANAGEMENT AND LEADERSHIP  
DIPLOMA IN COUNSELING PSYCHOLOGY

DCP 100 : INTRODUCTION TO PSYCHOLOGY

DATE: 2<sup>ND</sup> DECEMBER 2024

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. **DO NOT** write on this question paper.
3. This paper contains **SIX (6)** questions.
4. Question **ONE** is compulsory.
5. Answer any other **FOUR** questions.
6. Question **ONE** carries **30 MARKS** and the rest carry **10 MARKS** each.
7. **Write all your answers in the Examination answer booklet provided.**

**QUESTION ONE**

**Read the Case Study below carefully and answer the questions that follow:**

As a child, Angelina vowed she did not want to turn out like either of her parents. Angelina's mother was very passive and consenting to her father's drinking. When her dad was drunk, her mother always called his boss to report that Dad was "sick" and then acted as if there was nothing wrong at home. Angelina's childhood was a nightmare. Her father's behavior was erratic and unpredictable. If he drank just a little bit, most often he was happy. If he drank a lot, which was usually the case, he frequently but not always became quarrelsome.

Despite vowing not to become like her father, as an adult Angelina found herself in the alcohol rehabilitation unit of a large hospital. Angelina's employer could no longer tolerate her on-the-job mistakes or her unexplained absences from work. Angelina's supervisor therefore referred her to the clinic for help. As Angelina pondered her fate, she wondered whether her genes pre-ordained her to follow in her father's footsteps, or whether the stress of her childhood had brought her to this point in her life. Frustration rocked her life and she was not able to proceed with her life as planned. After all, being the child of an alcoholic is not easy.

**Required:**

- a. Explain the biological factors that may have affected Angelina's life that resulted in drinking. **(9 marks)**
- b. Angelica may have undergone through experiences in which she was unable to achieve her objectives. The feelings she developed as a result of this is known as frustration. From the above statement, discuss the sources of frustration. **(9 marks)**
- c. Angelina's mother may have exhibited an attitude of apathy. Explain ways in which she may have manifested this attitude **(8 marks)**
- d. Discuss how you would assist Angelina to get back to her job. **(4 marks)**

**QUESTION TWO**

- a. Differentiate sensation and perception as used in Psychology. (4 marks)
- b. Illustrate ways in which we learn new things. (6 marks)

**QUESTION THREE**

- a. Describe psychology as a science. (3 marks)
- b. Describe the nature of behaviour and list the proposed major facts in relation to the nature of behaviour. (7 marks)

**QUESTION FOUR**

- a. Explain what psychological investigation attempt to do while doing research in Psychology (3 marks)
- b. Describe the general methods used in Psychological research. (7 marks)

**QUESTION FIVE**

- a. Discuss the professions in Psychology (6 marks)
- b. Describe which profession you would take as your area of specialization giving reasons for your answer. (4 marks)

**QUESTION SIX**

- a. Discuss why psychologists study the brain and the nervous system. (4 marks)
- b. Identify three parts of the brain and demonstrate how they affect behavior. (6 marks)

