

The  
Management  
University  
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UNDERGRADUATE UNIVERSITY EXAMINATIONS

SCHOOL OF MANAGEMENT AND LEADERSHIP

DEGREE OF BACHELOR OF EDUCATION ARTS

EDP 202: PRINCIPLES OF GUIDANCE AND COUNSELLING

DATE: 27<sup>TH</sup> MARCH 2025

DURATION: 2 HOURS

MAXIMUM MARKS: 70

INSTRUCTIONS:

1. Write your registration number on the answer booklet.
2. DO NOT write on this question paper.
3. This paper contains SIX (6) questions.
4. Question ONE is compulsory.
5. Answer any other THREE questions.
6. Question ONE carries 25 MARKS and the rest carry 15 MARKS each.
7. Write all your answers in the Examination answer booklet provided.

**QUESTION ONE**

Read the Case Study below carefully and answer the questions that follow:

Davis is a 17 year old orphan who has recently joined your grade 8 class. He is tall and seems awkward about his height and walks with a stoop. His report card from his previous school shows low academic grades and he was labelled as 'a slow learner'. He appears to have no interest to be involved in the teen peer culture and struggles to form positive relationship with his new classmates. He will often be found in the company of much younger students during class breaks. Towards the half-term break, and after noticing Davis is not achieving the expected academic targets, you call his guardian, to express your concerns. The guardian however puts it all down to indiscipline and lack of ambition on Davis's part. She had a long list of complaints about him, including that he is not even grateful for the home she has provided.

However on engaging with Davis, in a one on one conversation, you discover that, although he was a good basketball player in his previous school, he was removed from the team at the insistence of his guardian so that he can focus on attaining better grades. He is a gifted artist and you had noticed he would often be drawing in class as the lesson progresses. He also has a love for all matters to do with electronic gadgets. He still recalls sadly his mother's death, when he was 10 years old, but speaks with pride about her. You make an appointment to see the school Principal to discuss Davis's case.

Required:

- (a) Propose the reasons you would use either guidance or counseling to assist Davis. (5 marks)
- (b) Suggest the skills a counselor should in counseling the student. (10 marks)
- (c) Generate 5 intervention measures the school can effect to improve its guidance and counseling program in order to better assist such students. (10 marks)

**QUESTION TWO**

- (a) Discuss ethical considerations in guidance and counseling. (10 marks)
- (b) Outline how you would implement informed consent (5 Marks)

**QUESTION THREE**

- (a) Assess John Hollands theory of vocational personalities. (10 marks)  
(b) Demonstrate how you would use empathy in a counseling situation. (5 marks)

**QUESTION FOUR**

- (a) With use of relevant examples, analyze any five areas identified by students where they need counseling. (10 marks)  
(b) Illustrate any five defense mechanisms that a human being may use for psychological protection. (5 marks)

**QUESTION FIVE**

- (a) Propose the type of occupational information that students should receive from the Guidance and Counseling department. (5 Marks)  
(a) Discuss five basic principles of guidance. (10 marks)

**QUESTION SIX**

- (a) Describe levels of attending to clients as part of skills and processes of counseling. (10 Marks)  
(b) Illustrate how you would conduct individual counseling. (5 Marks)