

MODULE 1

NUTRITION AND DIETETICS

MED/OS/NUD/CR/01/5/MA

PROVIDE NUTRITION CARE PROCESS

SEPTEMBER-NOVEMBER 2025



TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE CANDIDATE:

1. This unit of competence shall be assessed in two phases.
2. Each assessment session has a duration included in brackets
3. The second phase of the assessment shall include a practical session and an oral assessment session.
4. The assessor will take photos and videos as you perform the tasks at critical points during the assessment.
5. Ensure all required resources for the assessment have been provided before beginning the assessment.

PRACTICAL ASSESSMENT 1 (4 HOURS)

Elements Covered

1. Perform nutrition assessment
2. Formulate nutrition diagnosis

A 3-year-old child is admitted to the pediatric ward of a certain hospital facility. She presents with severe wasting, frequent diarrhea, and generalised weakness. The child's history is notable for recurrent Respiratory Tract Infections and recent admission with acute watery diarrhoea. The mother reports that the family mainly consumes ugali and light tea because of poor income, with very little access to protein or fortified foods.

As a nutrition professional, you are required to conduct a complete nutrition assessment and develop a nutrition diagnosis based on the Ministry of Health guidelines.

Tasks

1. Identify anthropometric tools correctly
2. Measure anthropometric measurements accurately
3. Conduct nutrition diagnosis of the child

PRACTICAL ASSESSMENT 2 (4 HOURS)

Elements Covered

1. Implement nutrition intervention
2. Monitor and evaluate nutrition intervention

TASK

1. Carry out a nutrition education to the simulated mother for the simulated child on FIVE food safety and hygiene practices.
2. Carry out monitoring and evaluation for the nutrition intervention given to the simulated child