

MODULE II

NUTRITION AND DIETETICS

MED/CU/NUD/CR/03/5/MA

CONDUCT DIETETICS OPERATIONS

SEPTEMBER-NOVEMBER 2025



TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE CANDIDATE:

1. This unit of competence shall be assessed in two practical phases.
2. Each assessment session has a duration included in brackets
3. The assessor will take photos and videos as you perform the tasks at critical points during the assessment.
4. Ensure all required resources for the assessment have been provided before beginning the assessment.

PRACTICAL ASSESSMENT 1 (4 HOURS)

Elements Covered

1. Assess the client's mode of feeding
2. Carry out diet modification
3. Administer enteral nutrition

You are a nutritionist working in the medical ward of a certain hospital. During a Continuous Nutrition Education, you are to demonstrate to nutrition interns how to administer enteral feeds to a patient with stroke and presents with difficulty in swallowing food and is unconscious. You have a manikin and you want to demonstrate to attachment trainees.

Tasks

1. Prepare a modified diet for the patient.
2. Present the modified diet.
3. Simulate flushing, attaching and pouring 200 ml feed in the Nasogastric tube.

PRACTICAL ASSESSMENT 2 (4 HOURS)

Elements Covered

1. Administer parenteral nutrition
2. Prescribe nutrient supplements, functional foods and nutraceuticals
3. Manage drug-nutrient interaction
4. Manage nutrition in burns

You are a nutrition and dietetics practitioner in the Intensive Care Unit of a certain hospital. You are required to provide nutrition education to the caregiver of a 45-year-old male patient who is admitted with severe abdominal trauma and multiple burns. The patient is intolerant to oral or enteral feeding due to impaired gastrointestinal function. His history shows excessive weight loss (BMI = 16.8 kg/m²), electrolyte imbalance, and generalised weakness.

Tasks

1. Provide nutrition education on parenteral nutrition feeding
2. Provide nutrition education on nutraceuticals
3. Provide nutrition education on drug nutrient interactions