

091506T4NUT

NUTRITION AND DIETETICS LEVEL 6

MED/OS/NUD/CR/06/6

Manage Maternal and Child Nutrition

July/Aug 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE:

Exodus is a 7 months boy who was brought to the outpatient clinic by his mother after developing signs of malaria, he presented with a high fever, he was too weak to breastfeed. On further assessment exodus was diagnosed with acute malnutrition. As a nutrition intern you have been assigned to handle the case.

1. You are required to perform the following tasks
 - a. Prepare F-100
 - b. Demonstrate supplemental suckling technique.
 - c. Counsel the caregiver on complementary feeding using a food pyramid guide.
2. You have been provided with the following resources for the practical tasks:
 - Cooking pot.
 - Source of heat.

- Measuring jug/measuring cup.
- Feeding cup.
- Teaspoons
- Measuring scoop
- Whisk
- Kitchen scale
- Feeding tube
- Food pyramid guide
- Dry skim milk -160g
- Sugar 100g
- Oil-2 table spoons
- Water-1000ml
- Special mineral and vitamin mix (CMV)-1 scoop (6.35g)
- Hand washing soap
- Hand washing station.
- Baby dummy.
- Preselected female client.
- Fully equipped nutrition lab
- Pen
- Fools caps